



Minimising stress when bringing your cat to the clinic



The Cat Carrier

- ✓ This should be a sturdy, well ventilated carrier that is easy to clean and has both top and front loading access.
- ✓ Leave the carrier out in your cat's environment so they become familiar with it – this can be encouraged by feeding treats in it.
- ✓ Line with an absorbant bottom layer covered with a towel or soft bed that they are familiar with. It is advisable to bring spare bedding in case of soiling.

Preparing the Cat

- ✓ Try to withhold food for 2 hours prior to travel.
- ✓ If your cat is not keen on entering the carrier, stay calm and gently wrap them in a blanket before placing them in the carrier.
- ✓ If they become particularly stressed, do not persevere and call the practice. We may be able to rearrange the appointment and prescribe some pre-visit medication to help make the experience less stressful.

Travelling

- ✓ Cover the carrier with a towel or blanket while ensuring there is still adequate ventilation.
- ✓ Secure the carrier in the car to prevent it sliding around on the journey.

Arrival at the Practice

- ✓ Leave your cat in the car and let reception know you have arrived.
- ✓ They will give you a pager to take back to your car.
- ✓ The pager will vibrate when the vet is ready[®] to see you.
- ✓ On entering reception the vet will be waiting to welcome you into the consult room.
- ✓ If you would rather wait inside, we now have a dedicated cat waiting area. Please use the blankets provided which are sprayed with Feliway cat calming spray, to cover the cat carrier while you wait.

